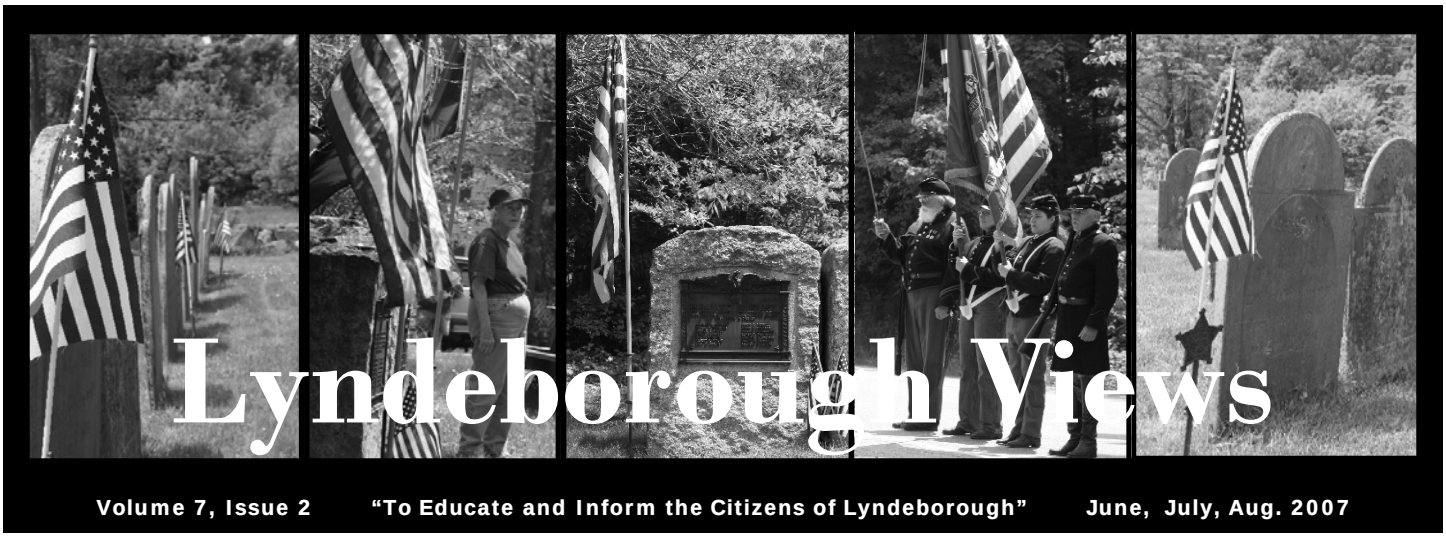
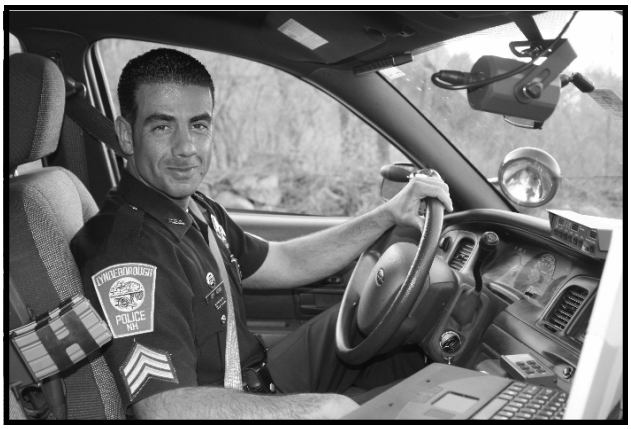



Volume 7, Issue 2 "To Educate and Inform the Citizens of Lyndeborough" June, July, Aug. 2007

# Know Your Neighbor:

## *Sergeant Mike Geha*

*By Nadine Preftakes*



Catching up to Mike Geha for an interview was like trying to capture quicksilver. However, that actually turned out to be the easy part. The more difficult task, I discovered, was searching for the words to adequately portray Mike as the very interesting, compassionate, and caring person I know him to be.

It is in the capacity of Police Sergeant that the citizens of Lyndeborough know Mike the best; however, there are many more facets to Mike's character than one would suspect. I found Mike to be one of those rare personalities possessing unexpected and surprising qualities. Even though he is a rather private person, he was gracious enough to share some thoughts about his life, his

*(Continued on page 11)*

### *Inside this issue:*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Submission deadline for the **September** issue of *Lyndeborough Views* is **August 19th.**

# After the Rain

*Submitted by Kent Perry, Road Agent*

Lyndeborough joined many towns in the region in experiencing unprecedented rain and flooding on April 15 and 16. The heavy wet snow on Sunday complicated the drainage of the torrential rains that followed on Monday. The result was damage to virtually every road in town.

During the storm the highway department coordinated with the police and fire departments as part of the Emergency Operations Center to constantly monitor the road situation. Residents also came forward to help their neighbors stay safe, and relayed important information to town departments. At one point approximately 75% of town roads were closed, and NH Route 31 was closed off at both the Wilton and Greenfield town lines.

After the storm cleared and the floodwaters receded, it became evident the town suffered enormous damage to roads and related infrastructure such as culverts, headwalls, and bridges. Many roads were completely washed out, leaving some residents either stranded in their houses or unable to return home. Town officials began the process of assessing the level of destruction and prioritizing repairs, with work on main roads and school bus routes taking precedence. Lyndeborough has a high percentage of gravel roads, and some of the worst hit included New, Cemetery, Dutton, Herrick, Crooked S, Pinnacle Mountain, Emory Holt, Beasom, Old

*(Continued on page 10)*

# Lyndeborough Student Pens Prize-Winning Poem

*Hannah Welch, 8, was chosen as one of the winners in the poetry contest at the Toadstool Bookshop in Milford. The contest was for children in grades 1 through 12, and many entries were received. Hannah and 20 other prize-winning authors celebrated this note-worthy honor on Sunday, May 20, at the Toadstool.*

***The Earth***

The earth is quiet
I can hear the birds singing
the frog splashing into the river
the deer runs thru the forest.

The earth was quiet, now it is loud
I can hear..
the bear growling
the hunter's gun
the polar bear screaming to God,
"stop global warming!"
the war between cat and dog.
I can hear everything!

# Selectmen's Note

*Submitted by Andy Roeper, Selectman*

At this year's town meeting we passed a resolution regarding global climate change. As a follow-up to that action, I would like to establish a group to help look at the ways we use energy both as a municipality and as individual citizens. If you would like to help make a difference and have a few evenings available, we would certainly welcome your participation. You can learn more about this effort http://www.carboncoalition.org/community/LocalCommittees.php and by contacting me at 654-9831 or by email at andy@cwrmarketing.com.

## To Lyndeborough with Love:

It is hard to put into words how thankful we are to the community of Lyndeborough. Not a day goes by that we do not think of Kirk and wonder if the pain will ever go away. Then we realize that not a day goes by in this community that someone does not think of us and we wonder how we can ever begin to thank them. When you loose someone who means the world to you, it's reassuring to know that there are people in this community that take the time to give so much to help us through these emotional and difficult times. Members of the Fire, Police and Ambulance departments have been with us from the beginning. Not only have they helped us through the tragedy of loosing Kirk, they have continued to give us their love and support, their time and strong backs, and most of all, themselves. They are more than just dedicated people performing their jobs in their individual line of work; they are also volunteers who care so much for the people in need of their assistance. They give so much more than they have to - because they want to.

Two very special individuals are Sergeant Geha and Officer Dolinak. They have been supportive to our family in so many ways. They regularly stop by to check on us and make sure we have what we need. If we don't have what we need, they go out of their way, even on their own time, to make sure that we are taken care of. Sometimes it is just a hug or words of comfort that help us through the moment.

There is truth to the statement that what you give in this life comes back to you tenfold. This thought was made even clearer to us the day of the flood. That particular day began a chain of events that led to incredible and unexpected gifts of kindness from the community.

Just like many other people in town, our basement was flooded. It was cold in the house and so I went to get wood from a friend. I had to take a different route than usual due to closed roads. After, I started home with a car filled with firewood. My car slipped in the water and mud on a steep hill. Once again, the Fire, Police, and EMT's were there to rescue me; and, as before, the help did not end there.

Every misfortunate event that occurred that day was later connected to an act of kindness. My car slipped because of difficult weather conditions. After the accident the Fire Department offered to assist us with purchasing a new set of tires. The wood was in the car, because the furnace flooded and we had no heat. Carylyn McEntee (WLT Ambulance and GFWC Women's Club) relayed our need to the Women's Club who then offered to buy us oil. While the members of the Fire Department pumped out our basement they noticed all the trees that Kirk had cut down and planned to come back for a "wood cutting, splitting and stacking" party. Officer Dolinak left the scene of the accident and went to the house to reassure Kelsey and Kyle that I was OK and explain the situation. Devin McEntee not only gave me a ride home from the emergency room but stopped by the pharmacy as well.

The Saturday that the members of the Fire Department showed up to cut wood was a day that we will never forget. Many people came and donated their time, their equipment and their energy to drag trees out of the woods, cut them up, split them and stack them so there would be firewood for next winter. It was like an assembly line with everyone working as a team to accomplish a common goal. We couldn't ask for a better group of individuals in our community. They go above and beyond their duties. We know Kirk would be blessed and thankful that so many wonderful people are watching over us in his absence.

How do you thank people for all these things? How do you even begin to express your gratitude in the face of so much giving? Words just aren't enough, but for now they are all we have.

Once again; to Lyndeborough with Love,

Kelly, Kelsey and Kyle Gilmore

*Editors Note: Kirk Gilmore, beloved husband and father of two school age children, died suddenly while doing yard work outside his Lyndeborough home on April 2. The flood occurred on April 16.*

# So Much for 100-Year Floods

*Submitted by Rick McQuade, Fire Chief*

If you told me that, in April of this year Lyndeborough would experience flooding worse than the Mother's Day flooding of last May, I wouldn't have believed you. The storm that hit in April had many complexities and I wouldn't have thought that flooding like that would happen again unless the planets aligned or pigs flew.

April 16, 2007 is a day I will remember for quite some time. Many events took place that really stretched the town's resources and put the emergency services to a test. The storm started Sunday morning, dumping 6" of snow on the mountains and heavy rain in the valleys. As Monday morning broke, members of the fire department awoke to pagers going off for a flooded basement. As I walked out my front door and down the walkway, I heard water rushing where water normally didn't rush. I turned and saw a pond in my back yard and noticed water as much as 6" deep running across Glass Factory Road.

As our crews responded to the flooded basement call, a few other fire officers started to survey the town for damage. The reports over the radios were things to the affect of "that road's under water," "we will loose that road in a few hours," or from Kent Perry, "there are rivers coming out of the woods where there are normally not rivers." Shortly after we started noticing problems, we made the call to Steve Brown, Lyndeborough's Emergency Management Director. With input from the other town departments, the decision was made to open the town Emergency Operations Center (EOC), located at Citizens Hall. Department heads, as well as Town Administrator Neal Cass and volunteers such as Jim Button (LEPC Member) and Walter Holland (Artillery), were called to the EOC.

A call came over the radio that a small stream had formed and was running down Forest Road off the school hill. The stream ran down the northbound lane, in front of Wally Holt's house, down School Street, and almost in the side door of the Church, flooding the church basement. Fire crews responded and, with help from other members of the community and some well-placed sand bags and snowplows, the water was diverted.

Part of the EOC's job is to document road closures, track emergency personnel responses and other special situations as they arise. Jim Button had the task of documenting these situations as they came up and before the end of the morning had set up several informational white boards. One white board was full of road closures, another board had Highway Department and emergency services responses, and the third white board listed those citizens who might not have access to or from their homes. Jim did a great job keeping the entire morning's events organized. From the emergency responder's standpoint, this is a key function because it gives the EOC a visual aid. This also allows emergency responders to plan alternative routes to different parts of town in the event of an emergency during this type of weather event. This is one reason why it is important to have your home properly numbered.

*Curtis Brook & Dutton Rd.*

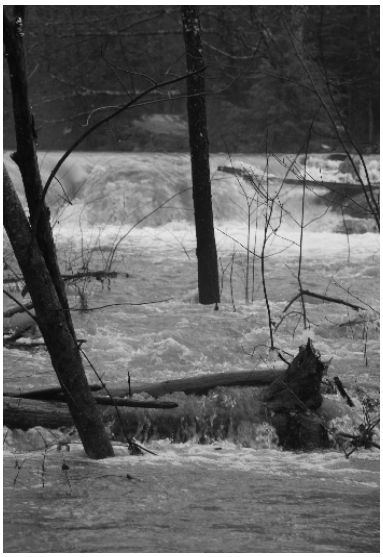


*Photo courtesy of Nadine Preftakes*

Around 11:30 a.m. the fire department made a decision to have one of the two ambulances brought to town to service the needs of Lyndeborough and Temple. Rescue Chief

*(Continued on page 6)*

# LCS Students Learn to Read the Landscape

*By Wendy Baron*

The morning of Monday, April 30, LCS sixth grade students and their parents waited for the bus that would transport them on their annual trip to environmental camp. While some parents were anxious about saying goodbye, most students were anxious to get on the road. Students chatted happily and planned activities to occupy their time on the two-hour bus ride. Ferry Beach Ecology School (FBES) has been the traditional LCS destination every year for over a decade and this year adhered to tradition.

This trip was a long time in coming for these kids. Various fundraising efforts took place during the year to reduce the out of pocket expense of $230 per student to a more affordable amount. The kids worked hard at car washes, bake sales, and other efforts, and successfully reduced each student's share to just $68.

The FBES mission is to "foster in students a deeper, more meaningful relationship with the Earth—looking at natural process, as an ongoing story." Located in Saco Beach, Maine, the surroundings are perfect for studying multiple types of eco systems. Sixth Grade teacher Laura Bujak attends camp every year assisted by classroom aide Carrie Broderick. This year, as in preceding years, several parents attended as chaperones, staying in the dorms with the students and participating in camp activities. Extremely wholesome and healthy meals are served family style three times a day with students taking turns setting tables, serving, and clearing dishes.

Students arrived home Friday afternoon in high spirits and amazingly well rested.

"It was really cool to see what kind of effect we have on so many different things in the environment," says Emily Ahman "We learned a lot, I'm really glad we got to go."

When asked what they missed the most while they were gone, the general consensus was…SUGAR!

# A Message From Your Health Officer

*Submitted by Cindi Geiger*

Here we are waiting for spring in Lyndeborough. Spring usually makes its appearance between mud and black fly seasons. Now, it seems that we have added another season over the last two years – flood season. While the Road Agent is engaged in re-opening and stabilizing weakened roads, many of us are left with water damage and potential problems that we are responsible for repairing, rebuilding and/or preventing in our homes. In addition to the cleanup the flooding mandates, the high water has left many areas of standing water – an invitation to mosquitoes to breed. Also, the high water may threaten the purity and safety of our drinking water. Another area of concern this spring, though unrelated to the others, is the reported sightings of presumed rabid animals.

It is important to clean up after a flood or flooded basement to prevent the growth of mold. Mold grows where there is moisture. Exposure to a damp and moldy environment may cause a variety of health effects, and some people are more sensitive to molds than others. Symptoms you may experience include nasal stuffiness, throat irritation, coughing, wheezing, eye irritation, or skin irritation. As with many other reactions, people with chronic conditions, or those who are immune suppressed may be more prone to symptoms or suffer more serious reactions.

Mold grows indoors and outdoors. Mold will grow in places with a lot of moisture such as around leaks in roofs, windows, and pipes, in addition to areas which have been flooded. Materials that support the growth of mold include paper, cardboard, ceiling tiles, and wood. Mold can also grow in dust, paints, wallpaper, insulation, drywall, carpet, fabric, and upholstery. You can control mold growth by: keeping humidity levels between 40% and 60%; fixing leaky roofs, windows and pipes; thoroughly cleaning and drying after flooding; and ventilating shower, laundry, and cooking areas.

If mold is growing in your home, you need to **clean up the mold and fix the moisture problem.** Mold growth can be removed from hard surfaces with commercial products, soap and water, or a bleach solution of no more than 1 cup of bleach to 1 gallon of water. If you choose to use bleach to clean up mold: never mix bleach with ammonia as the combination will produce dangerous, toxic fumes; open windows and doors to provide ventilation; wear non-porous gloves and protective eye wear (eye glasses don't count); if the area to be cleaned is more that 10 square feet, consult the U.S. Environmental Protection Agency (EPA) guide, *Mold Remediation in Schools and Commercial Buildings.* Although focused on schools and commercial buildings, this document also applies to other buildings. It is available at no cost by calling the EPA Indoor Air Quality Information Clearinghouse at (800) 438-4318, or by going to the EPA web site at http://www.epa.gov/moldremediation.html. Several resources are available at the Town Office at Citizens' Hall. One is titled *Creating A Healthy Home, a field guide for clean-up of flooded homes.* This booklet can also be downloaded from http://www.centerforhealthyhousing.org/FloodCleanupGuide_screen_.pdf.

Our private drinking water supply can be contaminated by high ground water and run-off during snow melt and after periods of heavy rain. There is no state requirement to have your well water tested, although mortgage lenders usually require well water testing at the time of transfer of ownership of a home. Some contaminants are known to pose a risk to human health. Contaminants may occur naturally in the rocks and soil of New Hampshire. These include bacteria, radon, arsenic, uranium, and other minerals. Other contaminants originate from human activities such as industrial/commercial activities, improper waste disposal, road salting, fuel spills, pesticides, fueling of lawn equipment, and disposal of household chemicals.

The following tests identify common contaminants found in NH's well water. **Standard Analysis** tests for arsenic, bacteria, chloride, copper fluoride, hardness, iron, lead, manganese, nitrate/nitrite, pH, and sodium. The recommended frequency for testing is every 3-5 years except for bacteria and nitrate testing, which is recommended yearly. **Radiologial Analysis** tests for radon, uranium, and analytical gross alpha and should be done every 3-5 years. **Volatile Organic Compounds (VOCs)** come from gasoline compounds (such as MtBE and benzene) and industrial solvents. The recommended frequency for these tests is every 5–10 years. Contact a certified laboratory for availability and

*(Continued on page 15)*

**The Village Store**

**654-9341**

Groceries, Beer, Wine,

Deli and the

Best Sandwiches in Town

**Miski's Babysitting Service**

Red Cross Certified

654-0373

Experience with Children

*(Please no children 12+)*

# Come A-Callin'

The *Views* is asking our readers to contribute short mini-stories, or descriptions of events, that illustrate small acts of kindness. These stories should describe a time when you were the recipient of an act of kindness, or when you saw others involved in an act of kindness, that you would like to share with *Views* readers. All contributors may remain anonymous, if they choose. Hopefully, we will receive enough stories to make Come A-Callin' a regular column in *Lyndeborough Views*. Please forward your Callin' stories to Nadine Preftakes at npreftakes@tds.net. Enjoy these heartwarming remembrances from a Lyndeborough Resident.

...A quick, scuffling sound on the porch unnoticed by a sleeping household. Come morning, by the door sat a beautiful May basket made of a hand-painted cardboard bucket filled with muffins, a packet of cookies, and a small jar of jelly. It was carefully done up in plastic wrap, and tied into the ribbon was a sprig of forsythia. "Next year I *will* stay awake," I promised myself. "I'll find out yet who's up to this." But I haven't... in twenty some-odd years, I haven't.

...Lyndeborough runs on spaghetti. If you get burned out, someone puts on a spaghetti dinner to help you out. If you have some big medical bills, if a bunch of kids wins their way to some competition, or there's a big class trip… spaghetti. Lots of people show up, not necessarily to eat, but to support what's going on. My neighbors *hate* spaghetti, but they haven't missed a supper since right after they came to town.

# From the Town Office…

*Submitted by Neal Cass, Town Administrator*

Once again, one of the main focuses for the office has been flooding. The April 16 rains caused flooding throughout the Town. Damage is estimated at $400,000, and the roads will not be completely back into shape for several months. Road Agent Kent Perry, along with crew Mark Chase and Mel Rossi, have done a tremendous job. We also cannot express enough our appreciation to all the residents who have been patient with the roads during this time. Presently all the paperwork is being completed for FEMA and we are anticipating being reimbursed for 80% of our costs from the federal government. The state legislature has not yet determined if the state will pay a portion of the remaining 20%. We will also be pursuing mitigation money, which will help to upgrade areas that are prone to flooding.

After Town Meeting the Selectmen organized themselves for the year and began making committee appointments. Steve Brown will serve as the chair of the Board of Selectmen and be the Board representative to the Planning Board. Andy Roeper will represent the Selectmen on the Heritage Commission and the Meetinghouse Committee. Lorraine Strube will be the representative to the Budget Committee, the Wilton Lyndeborough Temple Ambulance Board of Directors, and the Wilton Recycling Center Board. Selectmen also have made the following appointments to boards, committees and commissions: Planning Board members-Thomas Chrisenton and William Ball, Planning Board Alternate-Julie Zebhr, Heritage Commission-Jessie Salisbury, Conservation Commission member-Sharon Slater, Andrew Roeper, Scott Roper, Stephanie Roper, and Pauline Ball, Conservation Commission Alternate-Robert Nields and Michael Lennon, and Meetinghouse Committee-Jessie Salisbury. There remain openings on the Zoning Board of Adjustment and Meetinghouse Committee. Please contact the office if you wish to be considered.

At the March Town Meeting, the article to have Planning Board members elected passed. Unfortunately the petition article was incorrectly worded making it not legal. The Selectmen, upon review and with advice from counsel, will call a special Town Meeting in July to vote on a correctly worded article. Please watch for more details.

A process that has been in the works for almost a year was completed on May 22 when the Board of Selectmen adopted new road names to become compliant with Enhanced-911 standards. Road names that are similar can be confusing on the radios and hard to find for personnel responding from other towns. After the third public hearing, Selectmen adopted the following changes that will take effect on June 15: School Street, Putnam Hill Road and the Putnam Hill side of Emery Holt Road will all be Putnam Hill Road, Emery Holt Road on the Center Road side will become Emery Road, Herrick Meadow Road will become Blueberry Lane, Mountain Meadow Road will become Ridge Road, Old Temple Road East and Old Temple Road West will become Old Temple Road, Cram Road will become Winn Road, and Rose Hill will become Serenity Lane. New signs will go up on June 15.

The Board was saddened by the news that Boston Post Cane holder Guy Holt had passed away. The cane, given to towns by the Boston Post is presented to the oldest resident in town. Selectmen were pleased to present the cane to Guy Reynolds who is the oldest resident in Lyndeborough.

Please check out the new town website at www.lyndeborough.nh.us. Thanks to Katie Preftakes for all her hard work on the site. Suggestions can be forwarded to her at

kpretakes@lyndeborough.nh.us.

Selectmen will meet at the following times throughout the summer: Work Sessions with no appointments and no Citizens' Open Forum on June 5 and 19; regular meetings on June 12 and 26, July 10 and 24, and August 7 and 21. All meetings begin at 6:00 p.m. at Citizens' Hall with Citizens' Open Forum beginning at 7:00 p.m. Please contact the Town Office if you wish to be on the agenda.

# Kitchen Views

*Emily Morgan*

A Simple, But Very Tasty Pasta 1-Dish Meal

Pasta with Summer Squash, Spicy Sausage, & Goat Cheese (From Fine Cooking Magazine)

1 lb. dried tube shaped pasta (penne, rigatoni, etc.)
3 Tbs. extra-virgin olive oil
*1 lb. bulk hot Italian sausage (or links with casings removed)
¼ cup grated Parmigiano-Reggiano or other Parmesan cheese
3 oz. fresh goat cheese (usually packaged in a log shape) crumbled (about ¾ cup)
1/3 cup finely chopped shallots (about 3 medium)
2 tsp. finely chopped fresh flat-leaf parsley
2 cups ¾-inch diced yellow and green summer squash
Freshly ground black pepper

- Bring a large pot of well-salted water to a boil over high heat. Put the pasta in the boiling water and cook until just shy of *al dente*, about 10 minutes.
- While the pasta cooks, heat ½ Tbs. of the oil in a 12-inch skillet over medium-high heat. Add the sausage and cook, breaking it into pieces with a spoon or spatula, until it's almost cooked through, 3-5 minutes. Using a slotted spoon, transfer the sausage to a bowl. Pour the fat out of the skillet but do not wipe it clean. Heat the remaining 2 ½ Tbs. oil in the skillet over medium heat and cook the shallots until they begin to soften, about 1 minute. Raise the heat to medium high and add the squash. Cook, stirring or tossing frequently, until the squash is barely tender, 3-5 minutes.
- Reserve 1 cup of the pasta-cooking water and drain the pasta. Add the sausage and the pasta to the skillet with the squash and shallots along with ¼ c of the pasta water. Stir/toss over medium heat until the sausage is cooked through and the pasta is perfectly *al dente*, about 3 minutes. Add more pasta water as needed to keep the dish moist.
- Remove from the heat, add the goat cheese and parsley, and toss until the cheese melts and coats the pasta. Season to taste with salt and pepper, transfer to warm shallow bowls, and top each serving with some of the grated Parmagiano.

**NOTE: If your family doesn't like spicy hot food, use sweet Italian sausage. Can use chicken, turkey or pork-based sausage*

*(Flood continued from page 3)*

Mickey Leavitt, made a few calls and made it happen. Because Forest Road was closed in two places between the fire station and the ambulance bay, it took almost 45 minutes of maneuvering on back roads to get the ambulance to our fire station. During this planning, we never thought the ambulance would be needed for one of our own. Shortly around 1:00 p.m. a firefighter at the fire station was hit by a pickup truck as it backed out of the station. In typical fashion, the members of the fire department and EMS did what they are trained to do, never flinching even while helping one of their own. The injured firefighter was transported to the hospital and, thankfully, should make a full recovery -- Just another stressful incident, during an already stressful day. As the day progressed, the EOC began to realize that many residents of town might not be able to get to their homes. The decision was made to call Cindy Geiger (Health Officer) and have her establish a shelter at the elementary school. After a very interesting ride to the school, Cindy arrived and, with help from Jen Wight and Nadine Preftakes, started planning for residents' arrival. Thankfully, the shelter was not needed as many people either found another place to stay or found a way to make it home. In the end, three residents used the shelter for a short period. By the end of the evening, everyone had found his or her way home and the shelter was closed for the night.

*Pettingill Hill Road*

*Photo courtesy of Nadine Preftakes*

I realize that I've described several different incidents and topics, but I will attempt to make a few final points. For many years the town never had a formal Emergency Management Plan. For many years we took weather incidents, and for that case, any other emergency incident, and did what was needed to mitigate it based on training and experience. The LEPC will continue to work hard to update our Emergency Action Plan. This "miserable rainy day weather event" was just another test for the emergency services and citizens of the town. As difficult as it was, I think we once again passed the test.

# A Generous Gift

*By Nadine Preftakes*

Mark Bausha, the Customer Service Center Manager for Suburban Propane presented a check for $500 to the Lyndeborough Firefighter's Association (LFA) at the Lyndeborough Fire Station on Monday May 14. Chris Horn, President of the LFA and Brian Smith, Deputy Chief/LFD were there to graciously receive the check. Lyndeborough's Fire Chief, Rick McQuade, said that the money will go towards stocking and supplying tools and equipment for the forestry trailer.

Mark learned of the LFA's need to raise money to obtain the 2006 Federal Fire Act Grant of $54,199 when he read an article in *The Milford Cabinet* and while talking with Brian Smith, an employee of Suburban Propane. The grant is a 95%/5% split, meaning that the federal government contributes 95% of the funds if 5% is contributed locally. Instead of asking the town to raise the 5% match through taxation, the LFA contributed the 5% match.

Suburban Propane has a history of assisting fire departments throughout New Hampshire in Fire Safety Training Events, along with the NH Fire Academy. Last year they assisted the Temple Fire Department, accompanied by the Greenville and Lyndeborough Fire Departments, in a Fire Safety Training Event.

Suburban Propane, founded in 1928, serves the energy needs of homes and businesses in communities nationwide. It is a member of the Souhegan Valley Chamber of Commerce and the NH Better Business Bureau. This generous and community-minded company is an industry leader when it comes to safety. They maintain an on-going Certified Employee Training Program (CETP) for their employees, thereby providing employees the knowledge and skills required to perform their job functions in the safest manner in the industry. For more information please visit their website at www.suburbanpropane.com.

*L-R: Mark Bausha, Chris Horn & Brian Smith.*

# Police Update

*Submitted by Richard Darling, Police Administrator*

The Lyndeborough Police Department has had some challenges over the past several months as we seek to bring our staff to a level where we can provide the town with adequate coverage without incurring unreasonable overtime costs. Our newest officer is John Lanotte, who has served for the past six years in the United States Army as a Military Policeman, including a year of combat duty in Iraq. John is in the process of completing the Part-time Police Academy in Concord, and will begin his Field Training Program within the next three weeks. After that training is finished, he will be assigned to routine patrol duties. Please introduce yourself to him when you see him, and welcome him to the community and the department.

As the department prepares for spring and summer, we would like to remind our residents that, because of the eventual nice weather, there will be a lot more people using the roadways for things like walking, jogging, and biking. Because of that increase in pedestrian traffic, our officers will be ever more vigilant in enforcing the speed limits throughout the town. Also, please be reminded that school will be out for the summer recess in a few weeks, and that will mean that children will be more prevalent, both ON and NEAR the roadways. We ask that you adjust your driving habits accordingly.

Our citizens are reminded that, in the interest of public safety, we change our schedules on a regular basis. For instance, there are midnight shifts when we do not work, but have the NH State Police cover for us. And there are midnight shifts when we DO cover with our own officers. There are day shifts and evening shifts that are handled the same way. Therefore, if you should come to the station and no one is there, you can either press the button on the red box next to the entrance door to the police department, which will ring through to our dispatcher, or you can phone 654-6535, and request that the duty officer respond to the station to meet you. Normally there is someone in the office during regular week-day business hours. As much as it is our desire to be of service to the public, we ask that you remember that we are a very small department with limited personnel. The very best way to be sure someone will be at the station, should you need to see an officer in person, is to call first. If an officer is working, but out on the road, they will be called on the radio and told to respond to the station to meet you.

Finally, we are happy to provide an officer to speak to any community group or club about what we do, and who we are, and explain our department's philosophy relative to community policing. Our officers are enthusiastic and passionate about their work, and more than willing to share their expertise with the town's people who employ us. Simply call the police department at your convenience (preferably a week or two BEFORE you need a speaker), and we will be more than happy to accommodate your request.

*Above photo courtesy of Kathleen Baglio-Humphreys*

*Below photo courtesy of Amy Welch*

# Sprin

## Students Take the Lead

Above: 4H Maple Leafs win honors at the Hillsborough County Day. Front Row: Annie Herfurth, Kassandra Cavarretta, and Hannah Welch. Back Row: Natalie Herfurth, Ashley Brock, Jaime Bourdon, and Sarah Lundquist.

Above Left: First grade joins the Sixth Grade during the LCS Spring Concert.

Left: LCS Sixth Grade *"Dare"* graduation ceremony with Dare instructor, Investigator Chris Hutchins.

## Town Meeting 2007

Right: Kyle and Brenda Magoon pricing the food items at the Auxiliary food table.

Below Right: Lois Kenick and Jessica Leavitt gear up for Town Meeting with cups of coffee.

Below: Bruce Houston and Ellen Martin are sworn in by Moderator Walter Holland at the end of Town Meeting.

***All photos this issue are courtesy of Nadine Preftakes unless otherwise noted.***

Above: Ted

Above Left
Guard

Left: Rylei
stripes while

# ng 'Round Town

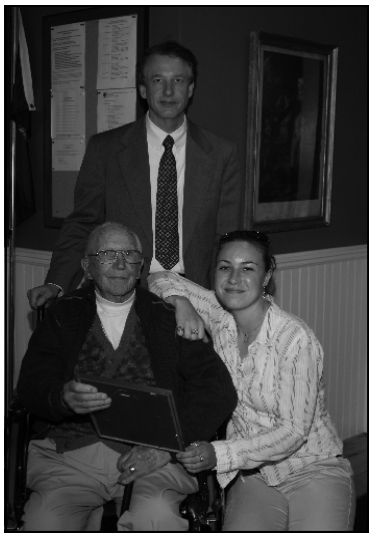
## Easter Egg Hunt

Left: Fire Chief Rick McQuade poses with his sons Garrett, Mitchell and Ryan (A.K.A the Easter Bunny) during the Easter Egg Hunt.

Below Left: Dallas Williams hunts for eggs.

Below: Bunny finds baby Finley James Irvine amongst the eggs!

## Presentation of the Boston Post Cane



Three generations of Reynolds: Guy, Burton and Amanda honor the tradition of the Boston Post Cane.

## Memorial Day 2007

Right: Lafayette Artillery "Present Arms".

Below Right: Idina Holden picks posies at the plant sale.

Below: Road Agent Incognito.

Below Left: L to R - Breyanna Hilton-Wetherbee, Mackenzie Carter, Kassandra Cavarretta and Zandra Morris run an olde tyme lemonade stand during the parade.

Left: Abby Rose Van Ham enjoys cookies at the plant sale.

o Rocca marches proudly with the other Veterans.

: The American Legion Honor marches down Route 31.

gh Smith waves the stars and she chills out during the parade

# Wilton-Lyndeborough Women's Club

The Wilton-Lyndeborough General Federation of Women's Clubs plans to have an active summer this year. In addition to the June 9th Spaghetti Supper at Citizen's Hall to assist the walkers with the funds needed to participate in the Susan G. Komen 3-Day, the club is planning an outdoor concert at the Lyndeborough Town Hall on Friday July 20, and club members will be helping with the Lyndeborough Community Weekend August 18th and 19th.

The outdoor concert at the town hall on July 20 will feature a well-known local band. The group will play for approximately three hours with short intermission breaks. Light refreshments will be available for purchase (hot dogs, popcorn, baked goods, and drinks). Bring your lawn chairs or a blanket and come join the summertime fun! Entrance to the concert is by donation. Funds raised will benefit the Women's Club Scholarship Fund. Each year the Wilton-Lyndeborough Club grants two scholarships to graduating high school seniors from the towns of Wilton and Lyndeborough. The scholarships are presented at the WLC commencement ceremonies.

Several members of the Women's Club are actively participating in the Lyndeborough Community Weekend August 18 and 19. Karen Grybko and Caryl McEntee will be working hard with the other cooks to prepare the food for the delicious Chicken Barbecue. Ellen Pomer and the Silent Auction Committee members are requesting donations from various businesses and will compile them as they arrive. Nadine Preftakes will help to set up the auction item displays and will assist during the auction by answering questions people may have regarding items available for bid. Funds raised from the barbecue will benefit the JA Tarbell Library and Lyndeborough Fire Department. Funds from the Silent Auction will benefit the JA Tarbell Library. If you would like to donate an article or service to the Silent Auction, or want to donate some of your time to help during the weekend, please call Ellen Pomer at 654-5420 or e-mail her at ellenpomer@mac.com.

*(Roads continued from page 1)*

Temple, and Pettingill Hill. The highway department rented equipment and hired contractors to haul in materials to help with the rebuilding. The total estimate of damages for the town exceeded $400,000. Once the federal government declared Hillsborough County a disaster area, the process of obtaining FEMA funds began. Lyndeborough has 13 FEMA sites to be inspected. After paperwork and photos are submitted to FEMA for review, the town will be eligible for reimbursement of 75% of the total cost of repairs. Funds might also be available from the state to help with all or some of the remaining 25% of storm repair expenditures.

All roads in town are now passable. Pettingill Hill Road remains under repair due to a major bridge washout, so proceed with caution. The town is exploring the options available for constructing a bridge and restoring use of that road. All other roads are open and in various stages of restoration. It will take several months of continuous work to bring the roads back to pre-storm condition. Most residents have been very understanding and patient during this process. The April storm was an extraordinary 100-year flood event from which Lyndeborough continues to recover.

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# Lyndeborough Anecdote

"April 29, 1822, the post office at Lyndeborough Centre was established, with Oliver Bixby as postmaster. The mail was then brought to Mont Vernon by stage, and Jacob Butler carried it from there through Lyndeborough to Greenfield twice a week. At first he went horseback and carried the mail in two capacious saddlebags, each holding about half a bushel. Later he drove a horse and wagon. This route was continued until the opening of the Forest road in 1831."

*Anecdote from the book: "The Lyndeborough Town History 1735-1905"*

*(Neighbor continued from page 1)*

family, his achievements, and what it has been like working in Lyndeborough for the past four years.

Underneath Mike's seemingly tough exterior, is a big heart. This is most evident whenever he walks through the doors of Lyndeborough Central School (LCS). The children greet him with cries of "Hi, Officer Mike!" and shy smiles. He always acknowledges each child and asks how they are doing. It is easy to see that the children are very comfortable around him. I know first hand how much Mike enjoys being involved with LCS. On his own time, he has gone on several field trips with the staff and students of the school. He started and ran the soccer program through the Police Association, and has assisted with and participated in the Thanksgiving Feast and Earth Day at the school. He has also come in to speak to the sixth grade class about juvenile issues.

My favorite illustration however, was a simple act of kindness I was fortunate enough to witness. Mike made a special visit to the school to bring in a birthday card to a young student who had a recent tragedy in his family. When the card was opened, it revealed a 9/11 police and fire patch. To me, that was an incredibly thoughtful gesture and I imagine that in the years to come this young recipient will realize its value and appreciate Mike's generosity even more.

Relating to children is definitely one of Mike's greatest assets. He believes very strongly that, "The kids are our future and we need to prepare them for the issues that they will face in the years to come." Not only does he fervently believe this, he acts on this belief. One of Mike's passions is to run. He says that he has always enjoyed running and puts his talent to good use. Every year since 1999, he has raised funds and participated in the Torch Run, a race that is part of the Special Olympics. He runs five miles almost every day to prepare himself for this event and to keep in shape. I was curious as to how he came to be involved in such a worthy cause. "I run to let these very special children and their families know that there are always people out there thinking of them. I run to try and make a difference and to accomplish something positive in their lives."

Mike also stated that if he could do something more for the children of Lyndeborough, it would be to provide them with more activities in town. He would like most to have a basketball and a tennis court available. He feels strongly that kids have a lot of energy and need a safe and enjoyable place where they can have fun. He would also like to see more children take advantage of the town library.

I asked Mike if there was a particular person in his life who has been an inspiration to him. Without hesitating, he answered, his dad. He said that his dad always provided for his family, not only financially, but in teaching his children to be hard working and caring individuals. "Family ties are very important to me. As I get older and things around me change, there is one thing that will never change and that is my love for my family. Every good quality that I possess, I have to give credit to my parents. They have always been there for us and most of all they never complained. I am sure I gave them plenty of reasons to do so!" Mike says he hopes that he can measure up to be just like his father and be an inspiration for his two sons. Of this I have no doubt.

I had to laugh as Mike described in detail what holidays were like in his family. He related that his extended family is very large and they all love getting together for any occasion, but mostly for the holidays. Each family member considers it an honor to host the gathering at their home each year. But sometimes certain members conveniently forget that they hosted the event the year before, and when they are not chosen for that year they are just a bit disappointed. He grinned when he said that sometimes it takes many people to smooth a few ruffled feathers!

Growing up, religion and going to church were a big part of his life. "You didn't miss Mass unless you had a 110 degree fever! And even then it was doubtful that you would somehow get out of going! But there were times when I did try." Even today he attends Sunday Mass in his hometown.

Mike graduated from Lawrence High School and is currently pursuing a two-year degree in Criminal Justice from Hesser College. He hopes to get his degree in 2008. He has also completed his NH Police Standards and Training in Concord.

A surprising note of interest to me was that in addition to English, Mike is fluent in three other languages. He says he is constantly reading, writing, and speaking them just to keep in practice. Not only has Mike demonstrated that he is a patient listener, he has also shown himself on many occasions to be a patient mediator. I jokingly told him that he must be a communications expert as a result of his ability to think in four languages!

Besides being a Sergeant on the Lyndeborough Police Department, he is also the Field Training Officer. The Field Training Officer introduces new hires to the Police Department policies and procedures, and ensures that all requirements of the job are being met. It is one-to-one contact at all times. The new officer has to learn the town roads, and be updated and educated in depth with new laws and the workings of the court system. Mike also takes the time to show his officers that all reports and documents are written professionally and accurately.

To Mike, the most important aspect of his job and his top priority is public safety. He says that he tries to do the best job he can, and that includes always being as fair as he can. Many times, even though the law is the law, he understands that there is right and wrong, and then there is fair. He says he tries very hard to be fair. If he can help someone understand that, and also drive home a point so they will think carefully about their choice the next time, he feels that he has done the best he can. "Each day is unique and I am constantly learning new things. I feel that I am a real people person and I consider it an important part of my job to be there for people, no matter what the need."

With safety being the number one issue, the question, "How much crime has there been in town in the last month or so?" begged to be asked. Mike patiently explained to me, "Not every month is the same. The incident numbers happen to be low for this month. I believe that the key to good law enforcement is an active and

*(Continued on page 14)*

# Lyndeborough Views Essay Contest

The theme for this year's sixth grade essay contest was "My favorite Lyndeborough or Lyndeborough Central School memory". The members of the *Views* enjoyed reading all the essays written by this years class and made a difficult choice on which three essays to publish. "Thank You" to the Lyndeborough Central School Sixth Grade class and their teachers for participating. Presentations will be made to these students during their graduation ceremony beginning at 7:00pm at Citizens' Hall, June 20th.

## Winner

*My Love for Lyndeborough*

By Miski Franko

My awe when I moved to Lyndeborough was incredible. I was amazed when I first saw my new home. The field behind my house filled me with joy when I found a pleasant little stream, I had a grand time. Lyndeborough Central School is filled with kind kids and teachers, especially my current teacher, Mrs. Bujak that has been there for me this past year. Lyndeborough has brought me a sense of elation.

My new home was stunning the first time I saw it. It still is, although some people might say that it is too dirty and old to be so. I don't think that my home is gross and ancient. In my opinion, it is an antique and just needs some help. My house is huge. It is gorgeous, and I would never give it up.

I love my field. In the summer and late spring, it is covered with flowers. Even in the winter, I can play in the snow and watch our bonfires blazing. In autumn, the leaves just won't stop falling. Nevertheless, my beautiful field is always beautiful, no matter what the season. Can you keep a secret? I hope so. I found a sweet little river with one of my friends. It is the only place that I can easily walk to, to be by myself. In the spring, or any time, it is beautiful.

Lyndeborough Central School tops it all. Over the weekend, I suffer from the urge of going there. My friends, my teachers, and this place are always there to welcome me on Mondays. How could I have lived being home schooled? Well, I know one thing for sure, I will miss it here dreadfully when I go to WLC.

Lyndeborough is one of the most beautiful places on Earth. It is almost as if stepping through the door of my home could change me forever. My spectacular field just makes this work of art even more perfect. The river is one of my favorite places on Earth. Going to LCS is the high point of my day. Life couldn't have gotten more beautiful.

**FEEL GOOD FARM INC.**

**Land Management & Recreation**
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**Lyndeborough, NH 03082**
**Phone: 603-654-2001 Email: feelgoodfarm@yahoo.com**

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## Runner Up

*My Favorite L.C.S. Memories*

By Casey Jenkerson

One of my favorite LCS memories was in the fifth grade. We were all cleaning our desks. I had a lot of papers in my hands. So I went to throw them away and my leg got caught in the chair leg. I fell flat on my back. Everyone was laughing and I was too. The papers went everywhere. It was so funny.

Another one of my favorite LCS memories was in the third grade and Mrs. Pawlik, the third grade teacher was teaching math. There was a question in the book that made no sense at all. We tried to figure it out for a long time then out of nowhere Mrs. Pawlik yelled, "Well, I don't get it!" and she gently tossed her book against the blackboard. Everyone was laughing. It was one of the funniest things I have ever seen. In the end, we all figured out the answer.

Another one of my favorite LCS memories was when we had the "Kiss the Pig" contest. So what we did was we had a vote. The vote was to decide which teacher was going to have to kiss the pig. It was between Mr. Kelly in second grade, Ms. Tussing, the principal and Ms. Huntoon the first grade teacher. We put money in one of the teacher's jars and which ever teacher had the most money in their jar would have to kiss the pig.

So when the day came and we tallied the money, it came out to be Ms. Tussing. About a week later we got a person to bring in a pig. The whole school came in the main hallway and Ms. Tussing had to get in the middle of the hallway so everyone could see her. Her face got all red and she leaned in and kissed him right on the snout. It was great. No wait. It was absolutely hilarious!

Another one of my favorite memories was another from fifth grade. It didn't happen to me, but I was there and it made me laugh hysterically. Ok, so we were doing projects and everyone was talking and basically just hanging out. I was getting something out of the closet and all the way across the room, another classmate was kneeling on one of those rolling chairs with wheels and he was leaning too much weight on the back of the chair and he fell, face first straight to the floor. It was the funniest thing I have ever seen.

Those are some of my favorite LCS memories. I hope you enjoyed them as much as I did! Those are things I will never forget. I will always remember the day Carl fell on his face. Or the day my principal had to kiss a pig. Or the day Mrs. Pawlik threw her math book, or the day that I fell flat on my back and the papers flew everywhere. Those are things I will look back on in twenty years and laugh about.

## Runner Up

*Fantastic Funky Field Trip Memories*

*By Emily Ahman Gamble*

My favorite memories at LCS were all the field trips we took. One of them was when we went to Sturbridge Village. That was so much fun. What I liked about that field trip was when we went into the old houses and saw all of the jobs that they had to do. I also liked the clothes they wore. What I also liked about it was the big gift shop. We went there last year in fifth grade.

One of the other field trips I liked was when we went to the Butterfly Place. What I liked most about the place was, of course, the butterflies. When we were there one of them landed on my nose. It was there for like three minutes and I had to be as still as possible or it would have flown away earlier. Then I sneezed and it flew away. My mom and my step dad chaperoned. Then, there was this statue that was a butterfly and it had a circle where you were supposed to stick your head through it and it would look like you had a butterfly body.

One other field trip I loved was when we went to the Capital House of New Hampshire. That was really fun. All the people that took a field trop there had to line up and see how many people it took to surround the building. They gave all of us red ribbons that said "Drug Free" on them. We were supposed to hear the governor speak, but he didn't show up. For lunch we went over to this place across the street and inside there was this big buffet. I ate so much it was crazy. Then four hours later we left.

Then there was another field trip that I loved. It was when we went to a place called Lost River. That was so much fun. First we got a bag of sand and it just looked like dirt. Then we went over to the water and washed it out and there were all different kinds of jewels. There were reds and greens and blues and all other colors. It was so cool. After we did that, we started to go down and explore the caves. We went to a bridge that goes over a huge waterfall. It was very high. That led us to a cave where you had to climb down a ladder and crawl through a tiny hole. We went through at least twenty caves.

Those field trips were so much fun. I wish I could go on them one more time. I hope the next kids that go on those trips have as much fun as I did. I think they should. It's kind of hard not to. I hope I will go on field trips again that were as much fun as those.

*(Neighbor continued from page 11)*

visible police department." Make no mistake though; even though Lyndeborough is often calm, our police regularly train at the Police Academy for all possible scenarios, events, or disasters that might arise. "Police officers have to be comfortable doing what they do. Lyndeborough might be a small town, but that does not make it exempt from major incidents. We may not have serious situations on a regular basis, but we do have to be ready when they occur."

Amazing, but not surprising considering Mike's fondness for Lyndeborough, is his willingness and ability to obtain, at no cost to the town, needed equipment. This is the case with the work boots and bulletproof vests. Mike took the initiative to submit a request to the Nashua Army National Guard and follow through with it. As a result of his effort the town now has a significant number of work boots, valued at $5,500, for use by the Police, Highway, and Fire Departments. Mike did not stop at the boots; he applied for and was awarded two bullet-proof vests worth $1,200 from Wal-Mart for use by members of the Police Department. When asked about his efforts to benefit the town he replied, "I always feel it is worth a try to acquire free items when it comes to public safety. It just requires a little motivation and leg work."

After speaking with Mike for quite a while, he invited me to ride along in the cruiser for a first-hand experience of what his job entails. I have to admit that it took me a few days to accept his gracious offer. I had no idea what to expect and so accepted with some trepidation. Mike shared many of his experiences and taught me a few of the basic personal safety rules that he teaches new officers who come on board. I was given a scenario such as 'how to approach a suspect house,' and was asked to figure out the correct protocol for an officer. Let me tell you, I failed miserably! I learned that what you think is the obvious way to approach a situation is not always the safest. The correct way, when I was shown, made much more sense.

As we drove around, we periodically stopped at certain residences to make sure that all was as it should be. We checked on the school, and drove to several of our town's borders. We made sure that the Village Store employees were safe as they left after closing and, my favorite: we saved a cat from getting hit on the road by alerting an oncoming car with the blue lights.

My many questions were answered patiently and in great detail. I was given informative and honest answers. Soon I was actually thinking more like an officer and looking at situations and problems from many angles. However, it didn't take me long to realize that I had just scratched the surface of all the knowledge that a police officer is required to know. I had to admit that I was definitely not police candidate material!

Of all the questions I posed to Mike that evening, the one I wanted the answer to the most was, "How do you handle a very emotional situation when you arrive at a scene involving personal tragedy?" He responded, "We do what we have to do because it is our job. But that does not mean that it does not affect us personally. It can be very difficult at times. We are only human."

I gained more than I can say from this experience and it is difficult to summarize my impressions of the evening in just a few words. Certain situations aren't always what they seem in police work, and sometimes the reasons behind those decisions make sense when you know all the facts. I have a great deal of respect for the quality of work that Mike does and his depth of knowledge in all areas of his job. His attention to detail and the concern he has for the citizens of Lyndeborough is impressive.

I learned that there are many situations where an officer has to make split-second decisions which often are judgment calls. One has to do the best job that they can based on training, experience and yes, even the character of the officer. Mike's commitment to protecting and watching over the citizens of this town to the best of his ability was clearly evident to me. In the four years that he has worked here, he has come to know many people. He says he loves that about his job, and he continuously strives to be an approachable and personable officer.

It was a great leap of faith on my part to ask Mike just how he views the citizens of Lyndeborough. One assumes that in his line of work it cannot all be easy or pleasant. Nevertheless, he did give me a most surprising and candid answer. "I consider the townspeople to be a very easy going bunch of people who like to freely and openly express their ideas on all issues. They do not hold back." And, he continued with a smile, "a lot of stories are told at the Village Store, and for the few minutes I am there I am blessed to hear it all! However I am very proud that they come to me and I like to listen and I will always try to find an answer to their questions. They might not always like the answers, but I am always honest with them." And if he perceives that someone has a problem, he will do his best to try to help that person. "I always treat people the way I want to be treated, with respect."

Perhaps most poignantly to me, in the wake of a fire, flood, and several accidents that recently occurred in town, was his comment, "This community always comes together in times of need to help one another. Everybody gives and does what they can to make it easier for each other. It is a pleasure and honor for me to be a part of this caring and loving community." As a community, some think that our greatest resources are to be found only in our land, our homes, or our environment. I believe the real value of our community is found in the people who live or work in our town.

## Lyndeborough Anecdote

***Advice for Turkey Hunters***

It is narrated "that when Andrew Harwood was a boy he used to bait wild turkeys with corn on what was called Carkin Hill. He fixed a place for them to put their heads through to get the corn so that they would be in a straight row. A flock came, and while eating he fired from his ambush and killed eight of them at a single shot."

*Anecdote from the book: "The Lyndeborough Town History 1735-1905"*

*(Health continued from page 4)*

pricing. For more information, pick up the brochure titled *Protect Your Family, Test Your Well's Water Quality Today* at the Town Office. This pamphlet is also available online at www.des.state.nh.us/wseb.

Since the risks of mosquito and tick bites were addressed at length last year, only your personal protection will be mentioned here. The most important thing you can do is protect yourself and your family from mosquito and tick bites. Limit outside activity during evening, night, and dawn hours when mosquitoes are most active. To avoid ticks, stay on trails when hiking. Avoid areas of overgrown brush and tall grasses. Check yourself or child often for ticks. Wear light colored clothes with long sleeves and pants; tuck your pant legs into socks or boots. Insect repellents containing DEET (N, N-diethyl-methyl-meta-toluamide) have been proven effective. No more than 30% DEET should be used on adults or children. The American Academy of Pediatrics Committee (AAP), on Environmental Health has updated their recommendation for use of DEET products on children, citing; "Insect repellents containing DEET with a concentration of 10% appear to be as safe as products with a concentration of 30% when used according to the directions on the product labels." AAP recommends that repellents with DEET should not be used on infants less than 2 months old. Repellents containing Picaridin (KBR3023) or oil of lemon eucalyptus (a plant based repellent) provide protection similar to repellents with low concentrations of DEET. Oil of lemon eucalyptus should NOT be used on children under the age of three years. Follow manufacturer's directions for application. Mosquito netting is recommended for infants. When we think of rabies, the vision of a growling, snarling, frothing-at-the-mouth, wild animal comes to mind. However, as with many other subjects, this picture is not how the typical exposure occurs. In addition, we may think that since we have our dogs and cats immunized against rabies we are safe. Rabies is caused by a virus that attacks the central nervous system (brain and spinal cord) of animals and people. The virus is found in the brain, spinal cord, and saliva of an infected animal and is spread by their bite. Non-bite exposures occur when these materials touch broken skin, open wounds, or the eyes, mouth, or nose. Rabies can affect any mammal, but is more common in skunks, raccoons, foxes, woodchucks, and bats. Cats and dogs can get and spread rabies if they do not get, or are not up-to-date with, their rabies vaccination. Rabies is rare among rabbits, hares, and small rodents (i.e., squirrels, rats, mice, and chipmunks).

As stated earlier, the behavior of a rabid animal may be non-typical. A rabid animal usually behaves strangely, it may stagger, appear restless, be aggressive, appear unusually friendly, or show no signs of disease. If you observe an animal acting strangely, do not touch it or try to capture it. Contact the local animal control authority. In Lyndeborough, that is the police department.

If you think you have been exposed to rabies by an animal bite or non-bite encounter, follow these steps: Immediately and thoroughly wash the exposed area for several minutes – wounds and scratches should be washed with soap and water, and mucous membranes (eyes, nose mouth) should be flushed with water. Call your local animal control authority to aid in capturing the animal for confinement and observation or testing. After washing, you should contact your health care provider to give a detailed account of your encounter. Bats require special considerations. Since a bat's teeth are small, you may not realize you have been bitten. If a bat brushes against your bare skin, you awaken and find a bat in your room, if you see a bat in a room of an unattended child, mentally impaired or intoxicated person, contact your health care provider. If indicated, your health care provider may recommend you receive a series of shots to protect you from developing rabies infection. It is important that the treatment start before symptoms develop. Developing rabies can be prevented with prompt treatment, however, the disease is usually fatal once symptoms develop.

Remember these precautions: Avoid contact with all wild and stray animals; teach children to stay away from wild animals and pets other than their own. Teach them to tell you about any animal that has scratched or bitten them. Don't touch dead animals – if you must, wear rubber or latex gloves. Let your doctor determine whether an exposure to rabies has occurred. Do not try to make that determination yourself. Know that exposure can occur in non-bite situations. Know what to do if you are exposed to rabies.

It seems that there is a lot to think about this spring. In addition to all of the above concerns, summer brings thunder storms, a potential for hurricanes, and other seasonal hazards. Check the Town of Lyndeborough web site under Health Officer for seasonal and timely information. Don't forget the monthly blood pressure clinic, the first Thursday of the month from 2:30 to 3:30 p.m. Please, have a healthy and safe spring and summer.

# Sign up for Summer Soccer Program

The Lyndeborough Police Relief Association will host the 4th annual Youth Summer Soccer Program in Lyndeborough, starting on July 7 and running through August 26. Children ages 3 and up from any community are welcome to participate. Registration deadline is June 15.

Practice will be from 6:00-7:00 p.m. on Friday evenings, and games will be held on Saturdays from 9:00-10:00 a.m. The fee is $20 per child. Practices and games will be held at the Lyndeborough Central School soccer field.

For more information, contact Sgt. Mike Geha at 654-6535 or stop by the police station at 9 Citizens' Hall Road, Lyndeborough, to register. Applications will also be available at the Lyndeborough Village Store.

# Attention Historic Homeowners of Lyndeborough…

Do you own a house that was built before 1850? Do you want to preserve its place in Lyndeborough history for future generations? The Heritage Commission has contracted with local artisans to offer custom-painted wooden signs that will identify your house as a verified historic town landmark. The white signs with black lettering will display the name of the original builder or owner, and/or the name that your house is known by, and the date it was built. While some of this information can be gleaned from the History of Lyndeborough and other sources, we may need your help to give your home its proper identity. The signs will be available for a $75 donation. The Commission will use part of the funds collected in this project to produce "Welcome to Lyndeborough" signs to be posted near the town lines on Route 31 and Center Road, among other things.

If you would like to order a sign (pictured above), or if you have any questions, please contact Bob Rogers at 487-3308.

*Lyndeborough Views* is published by the

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Lyndeborough Views

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